

## What is Waste?

Waste is anything we throw away or get rid of, that doesn't get used.

## How can you help?

You can help by learning about and practicing the four R's of waste management: Reduce, reuse, and recycle! Practicing all three of these activities every day is not only important for a healthy environment, but it can also be fun too.

## TRY TO REDUCE THE WASTE YOUR HOUSE OR SCHOOL GENERATE

- Buy in bulk, purchase refills and concentrates
- Avoid buying products with excessive packaging
- Buy products made from recycled materials
- Avoid disposable products like paper cups and plastics
- Re-use waste by using cans and glass jars to store pens and pencils
- Keep used paper to make paper maché
- Repair broken items rather than throwing them away
- Start composting



### Why do we recycle?

You're probably already throwing paper into a paper bin, used plastic into one for plastic, and you've got a bin at home for bottles, jars and tins.

### But why do we recycle as much rubbish as we can?

We're saving the planet's resources. There's only one planet Earth, and once we use up all of its useful resources, they're gone forever. It's becoming more difficult and more damaging to exploit some of these resources, so it makes good sense to recycle and reuse as much as possible

Name: .....

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School: .....

# RECYCLE REDUCE RE-USE RECOVER

## Ways YOU can eliminate waste and protect your environment!



### Recycle

Your recycling mission is not impossible! In fact, it is very simple: Don't throw away anything that can be recycled!

### Reduce Waste

A key part of waste "reduction" is "conservation"—using natural resources wisely, and using less than usual in order avoid waste.

### Reuse

You can "reuse" materials in their original form instead of throwing them away, or pass those materials on to others who could use them too!

### Recover

Convert waste into resources (such as electricity, heat, compost and fuel) through thermal and biological means.



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